



المدرسة الهندية مسقط

INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)
 ص.ب: ٢٤٧٠, روي, الرمز البريدي: ١١٢, سلطنة عمان, هاتف: ٢٤٧٨٤٠٩٧, ٢٤٧٨٤٠٦٩, ٢٤٧٨٤٠٥٥, ٢٤٧٠٢٥٦٧, فاكس: ٢٤٧٩٤٩١٩
 P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567
 Email: info@ismoman.com Website: www.ismoman.com



ISM/PRN/181/2025-26

November 24, 2025

CIRCULAR TO PARENTS OF CLASSES III TO IX

Invitation for sending entries for October edition of *Sapnon ki Udaan*-an e-Magazine published by the NCERT

Dear parent,
 Greetings from Indian School Muscat!

We are pleased to share the CBSE's Invitation for sending entries for January 2026 edition of *Sapno ki Udaan*-an e-Magazine published by the NCERT.

The January 2026 issue of *Sapnon ki Udaan* invites original, creative and thought- provoking contributions that explore various dimensions of the

Theme: India's Heritage and Sustainable Development

Content based on the above theme will feature as thematic highlights of the issue. Interested students are encouraged to prepare and submit their original work in any of the following categories:

1. Article:800 words
2. Story: 500–800 words
3. Poem:12–32 lines (max. 200 words)
4. Essay: 500–800 words
5. Dialogue: 500–800 words
6. Travelogue : 500–800 words
7. Info graph: 50 words per image
8. Quiz / Trivia: max. 20 questions
9. Reflections: 500–800 words
10. Play: 300–500 words
11. Photo Essay: An interesting image with a description on 250-300 words
12. Illustration / Poster / Painting: High-resolution 300 dots per inch (dpi)

Note: Please send your content with copyright-free images in the formats mentioned above.

Technical Guidelines:

- All submissions must be original and unpublished.
- Plagiarised or AI-generated content will not be accepted.
- The content should be informative and engaging.
- Follow the word limits and format instructions strictly.
- Entries are welcome in Hindi, English or any of the Indian languages.
- Text submissions should follow these formats:





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- Hindi: Unicode, 14 pt, 1.5 spacing
- English: Times New Roman, 12 pt, 1.5 spacing
- Other Indian Languages: Unicode, 14 pt, 1.5 spacing

Submission details:

Classes	Email id for submission	Last Date
III & IV	hodenglish.primary@ismoman.com	December 2, 2025
V to VIII	hodenglish.middle@ismoman.com	
IX	hodenglish.senior@ismoman.com	

Note: Please note that the contributors (students/teachers) whose work has been published once in Sapnon ki Udaan will not be considered for publication for the next three issues. This is to ensure opportunities for the new contributors.

Include the following with your submission:

Full Name

Class

School Name & Address

Contact Details (Email and Phone no.)

Let your ideas, creativity and love for our heritage shine!

Kind regards,

Rakesh Joshi
Principal

